

DAY 1		
08.00 - 08.30	announcements	
08.30 - 08.45	registration process	
	Central Court	2nd Court
09.00 - 09.30	warm up drills 3 courts	
09.40 - 10.30	training zone 3 courts	
10.45-11.30	game 1 central court	somatometrics court 1
11.45-12.30	game 2 central court	somatometrics court 1
12.45-13.30	game 3 central court	somatometrics court 1
13.30 - 14.30	lunch brake bar	
14.30 - 15.00	speech central court	
15.15 - 16.00	game 4 central court	dr dish session court 1
16.15 - 17.00	game 5 central court	dr dish session court 1
17.15 - 18.00	game 6 central court	dr dish session court 1

DAY 2		
	Central Court	2nd Court
08.30	announcements	
8.45 - 9.15	warm up drills	
09.30 - 11.00	3on3 exposure games 6 half courts	
11.15 - 12.00	game 1 central court	somatometrics court 1
12.15 - 13.00	game 2 central court	somatometrics court 1
13.15 - 14.00	game 3 central court	somatometrics court 1
14.00 - 15.00	lunch brake bar	
15.00 - 15.30	speech central court	
15.45 - 16.30	game 4 central court	dr dish session court 1
16.45 - 17.30	game 5 central court	dr dish session court 1
17.45 - 18.30	game 6 central court	dr dish session court 1

DAY 3		
	Central Court	2nd Court
09.00-09.15	announcements	
09.15 - 09.45	warm up drills	
10.00 - 11.30	game 1 central court	
11.45 - 12.30	game 2 central court	Dr.Dish competition court 1
12.45 - 13.30	game 3 central court	Dr.Dish competition court 1
13.45 - 14.30	final game central court	
14.30 - 16.00	lunch brake bar	
16.00 - 17.30	1on1 exposure 6 half courts	



Schedule